# What's New for 2008?

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#### **General Information**

 Active subscribers may now update their contact information and beneficiaries and print a copy of their benefits statement year-round on MyBenefits, EIP's new online enrollment system. During October, they may make their enrollment changes.

For details, see page 22 and www.eip.sc.gov.

 Covered spouses of active and retired employees whose primary insurance coverage is the Standard Plan, the Savings Plan, BlueChoice HealthPlan, CIGNA HMO or MUSC Options may now take advantage of the Preventive Worksite Screenings.

For details, see page 20.

#### **State Health Plan**

• State Health Plan subscribers age 50 and older are now eligible for one routine screening colonoscopy every ten years. The procedure is subject to the usual deductibles and coinsurance.

For details, see page 45.

• Well Child Care checkups are now a yearly benefit for covered children through age 18.

For details, see page 51.

• The plan will now cover one routine mammogram a year for women between the ages of 40 and 49, as well as for those between the ages of 50 and 74.

For details, see page 51.

## **Health Maintenance Organizations**

• BlueChoice HealthPlan and MUSC Options now offer the Free & Clear® Quit for Life™ program at no charge to their members age 18 and older. The scientifically based system helps people give up cigarettes and other forms of tobacco.

For details, see page 72 or page 90.

• CIGNA HMO is offering two new Lifestyle Management programs at no cost. As part of the Quit Today<sup>SM</sup> Tobacco Cessation Program, a coach and nicotine replacement products help members give up smoking and chewing tobacco. Members can learn to manage stress with the aid of a personal health coach as part of the Strength & Resilience Stress Management Program.

For details, see page 78.

#### **Dental Insurance**

• The maximum yearly combined benefit for each subscriber or dependent covered under the State Dental Plan and Dental Plus is now \$2,000.

For details, see page 95.

### MoneyPlu\$

• Subscribers who are eligible to open a Health Savings Account, and do so before December 1, can still contribute the yearly maximum to the account. However, they must remain eligible for the account for 12 months after the plan year ends.

For details, see page 163.

• The administrative fees for the MoneyPlu\$ programs have changed.

For details, see page 148.